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## Biography:

Liz Walker is an accredited sexuality educator, speaker and author, dedicated to culture-shifting initiatives that respond to pornography harms on children & young people. An exceptional communicator and passionate advocate for children and young people, Liz holds three distinct yet complementary roles. Schools and community education as Managing Director of [Youth Wellbeing Project](#): *holistic relationships & sexuality education to prevent sexual harms, enhance children and young people's social and emotional relationships, and fortify youth within a hypersexualised culture*; advocacy as the Deputy Chair of the Australian registered health promotion charity [eChildhood](#): *dedicated to mobilizing responses that reduce the harmful effects of pornography on children and young people*; and parent education in her role as Director of Health Education at [Culture Reframed](#), *the global lead in solving the public health crisis of the digital age*.

Well-connected internationally, Liz regularly provides consultancy to government, non-profit, and professional organizations. Educators throughout Australia and internationally utilize the [IQ PROGRAMS](#), authored by Liz and the Youth Wellbeing Project team, underpinned by whole-person centred sexuality education [principles](#). A regular contributor to media outlets, Liz also delivers keynotes, professional development, parent workshops, and student cohort presentations throughout Australia and internationally. Initially trained in Community Welfare, Liz furthered her education at Sydney University and specialised in Sexual Health (Master of Health Science). Liz provides strategies to counteract porn culture through a [Critical Porn Analysis](#) approach. Her work includes the children's books: [Not for Kids!](#) and *Hamish and the Shadow Secret*. Both books are a 'must have' for parents and professionals to prepare kids for the inevitable occasion of when they will see explicit imagery.

